

Therapists for ALL AGES (page 1 of 2)

	<u>Insurance Accepted</u>
Anew Day (530) 470-9111 (lay counselors and interns available)	S
Terry Brodie, MFT (530) 277-0316 (ages 8 and up)	A, AM, B, CM, M, S, T, U
Susan Byrne, MFT (530) 205-8197 (ages 16 and up only)	Ae, AM, C, H
Cassandra Clark, MFT (530) 264-0880	AM, CM
Honey Cowan, MFT (530) 888-8891 (Auburn/ South County)	
Michelle Cowie, MFT (530) 531-3346	AM
Dan Crawford, MFT (530) 559-8882	AM, CM
Lisa Grace, MFT (707) 531-4431 (ages 11 and up only; Auburn/ South County)	
Jay Inglee, MFT (760) 297-8278 (also speaks Spanish)	A, B, C, M, MHN, T
Paulette Lucier, PhD (530) 470-6060	A, B, CM, F, MHN, T
Jana McCrea, MFT (530) 277-7481	A, AM, C
Joy Molaro, LPCC (530) 263-9650 (ages 10 and up only)	AM, CM
Victoria Moran, MFT (541) 778-2894 (also speaks Spanish)	A, AM, CM, F
Nevada County Children's Behavioral Health (530) 470-2736 (services only for moderate to severe issues)	AM, CM
Once Upon A Time Therapy Center (530) 264-6144 (interns available)	AM, CM, S

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	<u>Insurance Accepted</u>
Shannon O'Shae, MFT (530) 263-8995	AM, CM
Danelle Riles, LCSW (530) 414-8381	CM, F
Eric Schlanger, LCSW (530) 265-3215 (ages 8 and up only)	A, AM, CM, MHN, U
Karen Schlanger, LCSW (530) 322-5428	A, AM, B, CM, C
Christine Shelton, MFT (530) 559-9625	A, T
Liz Smith, MFT (530) 559-3357 (ages 8 and up only)	CM, S
Sierra Therapy Center (530) 913-5054 (interns and licensed counselors available)	A, AM, CM, S, T
Judy Sobrero, MFT (530) 268-8861 (ages 13 and up only)	
Sabrina Speroni, MFT (530) 913-8545 (daytime appointments only)	A, AM, CM
Rob Steffke, MFT (805) 978-5211	CM
John Stewart, MFT (530) 272-7448 (ages 10 and up only) works 3 days/wk	A, B, M, T, U
Alice Folger Stine, MFT (530) 446-5364 (aka Peardale Counseling)	A, Ae, CM, C, F
Thomas Young, MFT (530) 265-3307	Ae, AM, CM

Psychiatrists

Amita Upadhyay (Community Psychiatry roseville) (916) 783-9697 (all ages, can provide psychiatry for kids)	A, AM, CM
Dr Joseph Lambert (office in Penn Valley) (530)274-9762 (psychiatry for kids)	AM, CM
Dr Krill (Community Psychiatry Grass Valley) (916) 576-7916	A, AM, CM

(adults and teens only, works T-F only in GV office)

Gender Health Center (hormone replacement therapy and trans/LGBTQ care)
(916) 455-2391

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Dr Charlene Hauser (hormone replacement therapy and trans/LGBTQ care)
(530) 745-1500

AM, A

Valeska Armisen (Chapa De Endocrinology--hormone replacement therapy and trans care)
(530)477-8545

AM, CM

Psychological Testing (Learning disabilities etc)

Robert Hoey (530)433-0584

Charlene Tocchi ((530) 432-2984

Mindpath Health (Grass Valley office)
(916) 576-7916

Key: A=Anthem Blue Cross, Ae=Aetna, AM=Anthem Blue Cross Medi-Cal, B=Blue Shield, C=Cigna, CM=Ca Health and Wellness Medi-Cal, F=currenty full, H=Humana, M=Magellan, MHN=MHN, S=Sliding Scale (reduced fees for clients without insurance), T=Tricare, U=United Healthcare. Every effort is made to keep this list current, but please verify coverage with your insurance carrier.

Note: This list includes lay counselors (who are unlicensed), interns/ associates (AMFTs or ASWs who have completed graduate school but are not fully licensed), and fully licensed therapists (MFT, LCSW, or PhD). Lay counselors and interns/ associates are supervised by a licensed counselor, but generally do not have as much experience as a licensed professional. Their services may be more affordable. Please contact the agency or therapist directly to inquire about costs. Additional therapists can be found at psychologytoday.com/us/therapists

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