

+Kindness: Younger Students

The February Character Trait of the Month

Do you think of yourself as a kind person? Kindness is when you are friendly, generous, and considerate of other people's feelings. This month, we'll be watching a video about kindness called "Spaghetti in a Hot Dog Bun." The main character in the book, Lucy, has a choice to make: should she be kind to someone that's been mean to her? Please watch this video with an adult you like, so you can discuss the questions below.

[{Spaghetti In A Hot Dog Bun-Reading by Author Maria Dismondy}](#)

Discussion Questions:

1. When Ralph gives Lucy the dog bones, she says, "Stop! It hurts my feelings when you do this, Ralph! Please stop!" Was Lucy being kind in the way she spoke to Ralph?
2. Even though Lucy gets teased repeatedly by Ralph, she chooses to help him when he gets stuck on the monkey bars. What may have caused Lucy to make this choice?
3. Have you ever had someone make fun of you or hurt your feelings? How did you respond? Do you think you should be kind to people who are mean to you?
4. Who is one of the kindest people you know? What does this person do to show kindness?
5. What are some ways that you can show kindness to the people around you today?